

Are ENVY and JEALOUSY different?

By: Jack Muellerleile

“Are ENVY and JEALOUSY different?” The simple answer is “Yes”.

Envy has to do with things. An envious person desires to possess what another has.

Jealousy has to do with persons. A jealous person resents being replaced by a rival.

A woman is envious of a co-worker's salary increase and is jealous of her husband.

A man is envious of his neighbor's new BMW and is jealous of his wife.

Envy is resentment at, or a desire to possess, what another person has. An envious person is discontented at the good fortune of another and may even feel malice or spite.

Jealousy is a fear of losing another's exclusive or special love. Because a jealous person is an immature person who is preoccupied with self, it is believed by the experts to be one of the most destructive of the human passions.

No one really wants envy or jealousy to find a place in his or her heart, but these passions are found between lovers, husband and wife, members of even the most devoted families, at work, in professions, the church, education, government, business and among different nationalities.

To overcome envy and jealousy, try to build up a resistance against them. Endeavor to banish jealous and envious thoughts from your mind. Use common sense and you will realize that the good qualities of others do not lessen your own... that no one possesses every gift... that instead of being jealous we should emulate the good qualities we find in others....and practice the Golden Rule by treating others as we desire to be treated ourselves.

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