

“Concern About Future”

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“Concern about the Future” is much more common than most people realize.

See also Jack’s comments on:

- [Being prepared](#)
- [Planning ahead](#)
- [Worrying less](#)

OK, let’s skip through all the jibber-jabber and get on over to the end game...the ultimate question for us all... **“Is today a good day to die?”**

Well, the answer to that one depends upon several things, correct?

For those of us who are living an enjoyable life and share no belief in a ‘hereafter’, no day is likely to be a good day to die.

For those of us who do share a belief in a life after death but are convinced it will be most unpleasant in their case, no day is likely to be a good day to die.

For the rest of us who believe in a ‘hereafter’ and think it will, for us, be better than the life lived here on this earth, any day is a good day to die especially if some basic plans have been laid. Those ‘plans’ may include positive answers to the following questions:

1. Have I lived my life according to the Golden Rule?
2. Have I apologized for the mistakes I’ve made which injured others?
3. Have I raised my children well enough to enable them to take care of themselves and their own families when I am gone?
4. Have I purchased the life insurance policies and created the annuities needed to enable my surviving spouse to fend well financially in my absence?
5. Have I thanked everyone who has helped me during my life?
6. Have I said “I love you” to all the loved ones I will leave behind?
7. Have I cleared all of my indebtedness?
8. Have I worked diligently at developing my spiritual life?

9. Have I worked diligently at meeting all the challenges presented to me during this life?

10. Am I ready to meet my Maker right now?

For this last bunch of folks, any day is a good day to die. They live their lives absent any foreboding concern for the future (in this life or the next). They learned early in life that ours is a 'self-determined future' and have behaved accordingly.

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